Thank you to our 2022 LeadingAge Kansas Partners























Management













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LeadingAge Kansas Weekly Webinar April 29, 2022



KFMC Health Improvement Partners

KFMC's Partnerships to Improve Quality of Care





Who is KFMC Health Improvement Partners?

Kansas Foundation for Medical Care was founded in 1972 to ensure that health care services provided in Kansas were of acceptable professional quality

Our Mission

 As health improvement partners, we inspire meaningful change and sustained high performance.

Our Vision

Best health outcomes for everyone.

Our Promise

 As your health improvement partner, the expertise and knowledge we share, the actions we take, and the recommendations we make all lead to meaningful change in your organization. Together, we will ultimately improve health for everyone – for you, your staff, your organization, your patients and your community.

4/29/2022

Your KFMC Team



Brenda Groves Quality Improvement Advisor



Brenda Davis
Quality
Improvement
Advisor



Nadyne
Hagmeier
Quality
Improvement
Advisor



Dana Thompson
Project
Coordinator



CMS QIN-QIO Partners

- KFMC is a partner of the Health Quality Innovation Network.
- The Health Quality Innovation Network (HQIN) helps providers improve clinical and operational performance through the Centers for Medicare & Medicaid Services (CMS) Quality Innovation Network- Quality Improvement Organization (QIN-QIO) and Hospital Quality Improvement Contractor (HQIC) programs.
- HQIN is operated by Health Quality Innovators which is funded by CMS to deliver improvement services at no cost to your organization.



Health Quality Innovation Network

HQIN participants are improving patient outcomes while contributing to national goals for:

- Improving care coordination
- Increasing patient safety
- Advancing nursing home quality
- Managing chronic disease
- Reducing opioid deaths
- Preventing COVID-19 and other infections
- Increasing access to behavioral health



Nursing Home Focus Areas and Benchmarks

- Current contract focus areas
 - Decrease opioid prescribing (for prescriptions ≥90 MME daily) in long-term care by 12.5%
 - Reduce the rate of ADE in nursing homes serving high risk FFS Medicare beneficiaries by 13%.
 - Reduce ADE in nursing homes by 15.2%
 - o Improve by 11% the mean total quality score for all nursing homes, reduce by 41% the percentage of nursing homes with a total quality score of 1258 or less.
 - Reduce healthcare-related infections in nursing homes
 - Improve immunization rates for NH residents
 - o Developmental: Reduce hospitalizations for nursing home onset C. difficile



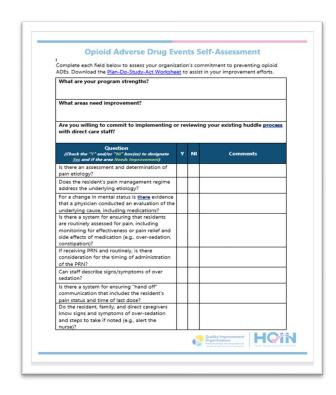
CMS Targeted Quality Improvement Initiatives

- As part of the CMS response to COVID-19, HQIN also provides technical assistance to nursing homes that have been identified by CMS as a targeted referral due to an outbreak or low COVID-19 vaccination and/or booster rates
- Currently in Kansas
 - Active Outbreak Referrals- 103
 - COVID-19 Vaccine Referrals- 109
 - COVID-19 primary series for staff (20 homes)
 - COVID-19 booster for residents (89 homes)



HQIN Quality Improvement Resources and Tools-Medication Safety

- Medication Safety
 - Antibiotics
 - Anticoagulants
 - Antidiabetics
 - Opioids
 - Psychotropics





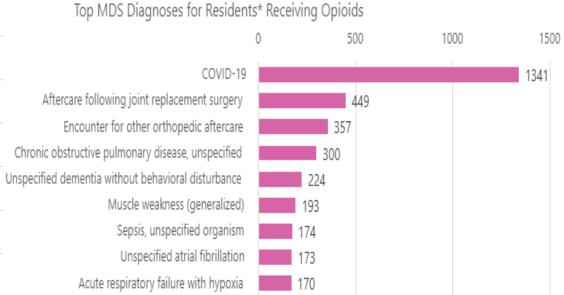




Opioid Utilization Rate in Kansas







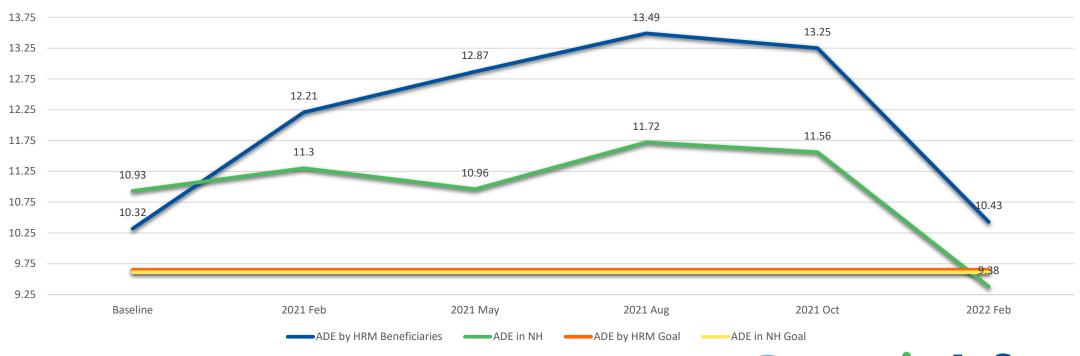
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Low back pain



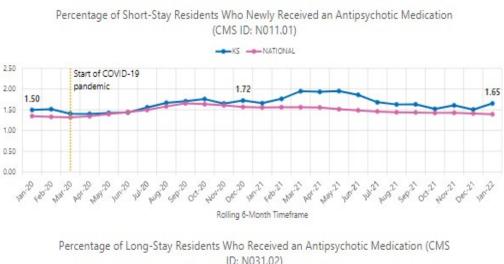
Adverse Drug Events in Kansas

Adverse Drug Events in Kansas Nursing Homes

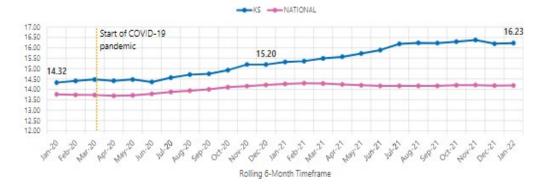




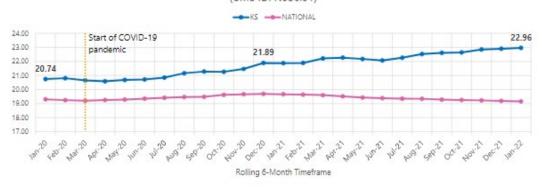
Psychotropic Medication Usage in Kansas NHs



ID: N031.02)



Percentage of Long-Stay Kesidents Who Used Antianxiety or Hypnotic Medication (CMS ID: N036.01)

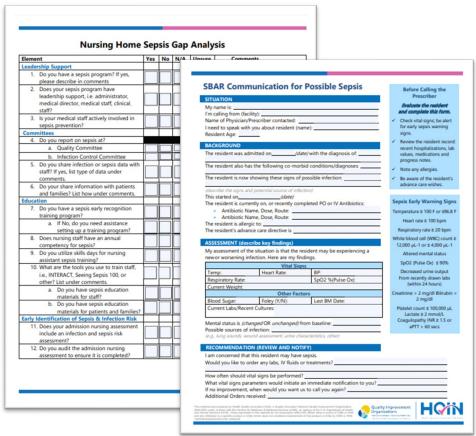


Prevalence of Antianxiety/Hypnotic Use Among Long-Stay Residents (CMS ID: N033.01)



HQIN Quality Improvement Resources and Tools-Rehospitalizations and Sepsis

- Sepsis
 - Admission Risk Assessment
 - NH Sepsis Gap Analysis
 - Sepsis toolkit with pocket cards for staff education
 - Resident and family education guide
 - SBAR Communication tool
 - Toolkits for antibiotic stewardship
 - Webinar series

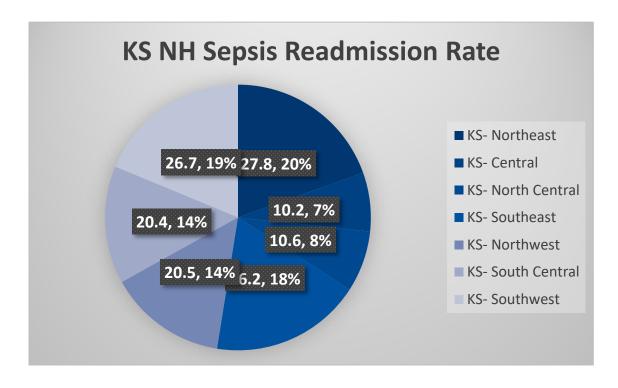






Readmissions and ED Utilization Rate-Sepsis

- HQIN is in the planning phases of a Sepsis workgroup
 - We are in the process of developing a Sepsis Sprint Series with the goal of launching in May 2022
 - Topic areas include early recognition of sepsis and Seeing Sepsis Toolkit
 - The series will include opportunities to engage both nursing homes and hospitals





HQIN Quality Improvement Resources and Tools-**Quality Measures**

- Quality Measure Tip Sheets
 - Long Stay Measures
 - Antipsychotic medication use
 - Catheter use
 - Depression
 - Fall with major injury
 - Flu and Pneumonia Vaccine
 - Incontinence
 - Precent of residents who need help with ADLs
 - Pressure injuries
 - Urinary Tract infections
 - Weight loss
 - Short Stay Measures
 - Changes in Skin Integrity
- Pressure Injury Sprint Series
- Education on CMS 5 Star process

Quality Measure Tip Sheet

MDS Coding Requirements

- Look back period is 7 days.
- Frequently Incontinent of urine: resident was incontinent seven or more times but had at least one continent void
- . Frequently incontinent of bowel: resident was incontinent of bowel more than once but had at least one continent bowel movement
- · Always incontinent of urine and bowel: resident had no continent voids of urine or

Pressure Injury Inspection

Keep Your Eyes on the Skin!

You can make a difference in your daily routine to identify suspicious skin problems.

Don't work with blinders on - inspect the skin with every visit!

- Check skin under O2 tubing; is there pain or itching? During 1 p.m. med pass, is resident at same position noted
- Pain assessment and decreased mobility (i.e., right hip fracture; needs right heel floated.) ADL care: Look at exposed bony prominences (heels, spine,
- etc.) every time. Report pain or itching.

Don't forget the basics!

- No positioning devices on bony prominences or PIs Use a flashlight and mirror for hard-to-see areas
- Careful inspection of all pressure points, including under medical devices, to identify signs of pressure
- Assess for blanching
- In darkly pigmented skin, blanching by finger pressure may be inadequate as the pigment prevents visualization of blanching. Consider a clear plastic med cup to press on the areas so you can see blanching
- Touch areas to assess for redness, heat or cold, firm or boggy; especially important for darkly pigmented skin Ask resident about skin. Is there pain, itching, etc.? All are
- signs of early skin damage. Report all skin changes immediately so appropriate
- treatment can be initiated (i.e., drainage sock over ankle.) Don't forget to educate the resident and family
- Do what you do best take great care of your residents they depend on you!

Med pass: Is the resident positioned greater than 30°?

E1? A resident that is

n this measure. t that is comatose is

0500, C0700, C1000?

continence level

usative factors for side effects, etc.)?

hree days and were e., prompted voiding mid to late stage





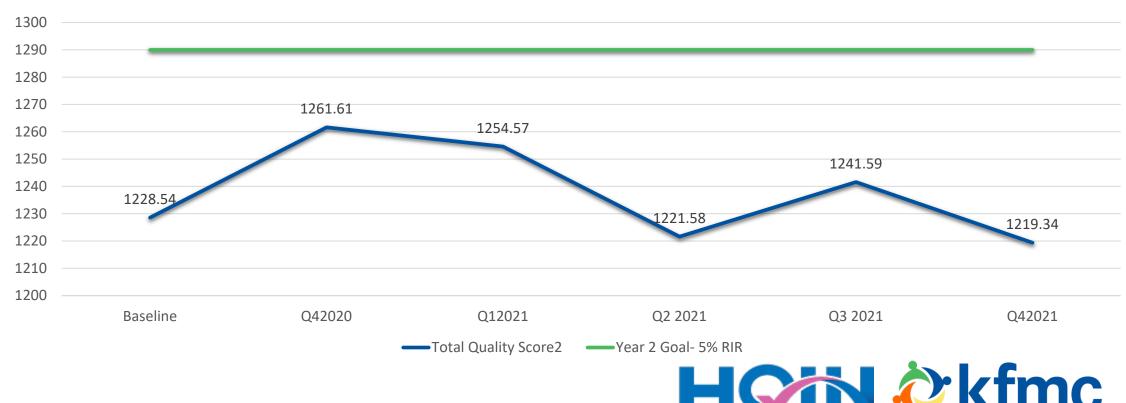
Simple Strategies for Skin Inspections





Total Quality Score for Kansas Nursing Homes

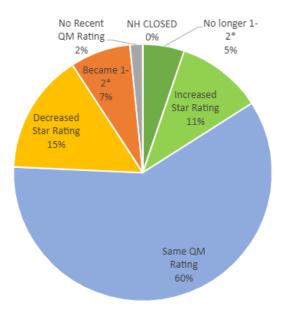
KANSAS TOTAL QUALITY SCORE



Quality Measures and Impact on CMS 5 Star Ratings

Measure	Data		Max	140
Туре	Source	Measure Description	Score	KS
Long-Stay	MDS	*Residents whose ability to move independently worsened	150	37.2%
		Residents whose need for help with activities of daily living has		
Long-Stay	MDS	increased	150	39.9%
Long-Stay	MDS	Residents with one or more falls with major injury	100	44.6%
Long-Stay	MDS	Residents who received antipsychotic medications	150	49.4%
		*Rate of successful return to home and community from a SNF		
Short-Stay	SNF QRP	(Claims based)	150	49.7%
		*Number of outpatient emergency department visits per 1,000 long-		
Long-Stay	Claims	stay residents (Claims based)	150	50.8%
Long-Stay	MDS	Residents with a urinary tract infection	100	53.4%
		*Percent of short-stay residents who have had an outpatient		
Short-Stay	Claims	emergency department visit (Claims based)	150	54.1%
		*Percent of short-stay residents who were re-hospitalized after a		
Short-Stay	Claims	nursing home admission (Claims based)	150	55.6%
		*Number of hospitalizations per 1,000 long-stay resident days (Claims		
Long-Stay	Claims	based)	150	58.8%
Short-Stay	SNF QRP	*Residents with new or worsened pressure ulcers	100	59.7%
Short-Stay	MDS	Residents who newly received an antipsychotic medication	100	62.5%
Long-Stay		*Residents with catheter inserted or left in bladder	100	63.4%
Long-Stay	MDS	High-risk residents with pressure ulcer	100	64.8%

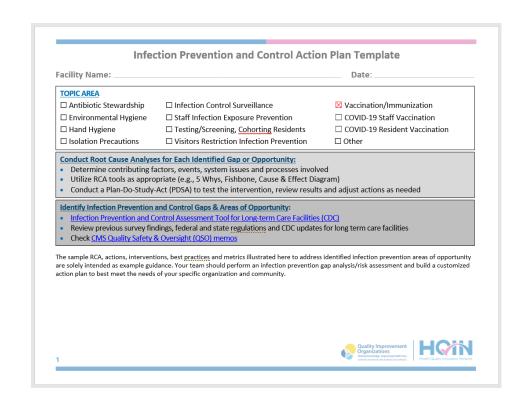
CHANGE FROM LAST QUARTER





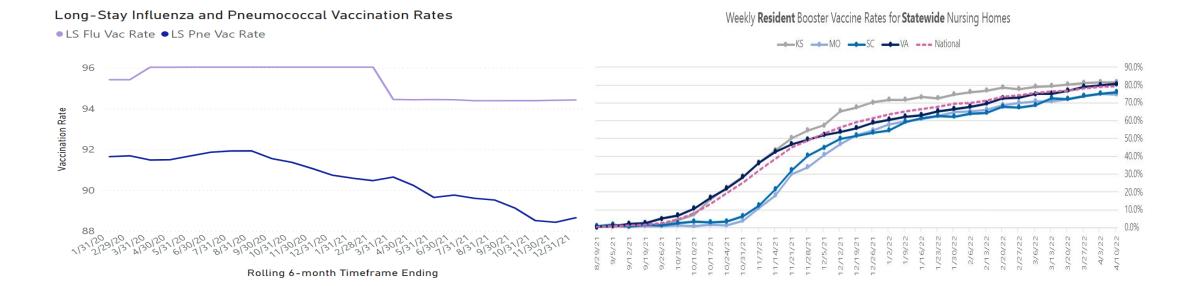
HQIN Quality Improvement Resources and Tools-Immunizations

- Immunizations
 - o COVID-19
 - o Influenza
 - Pneumococcal
- Resources and tools
 - Action Plans
 - National and local resources
 - OM toolkits
 - Webinar series





Kansas NH Vaccination Rates



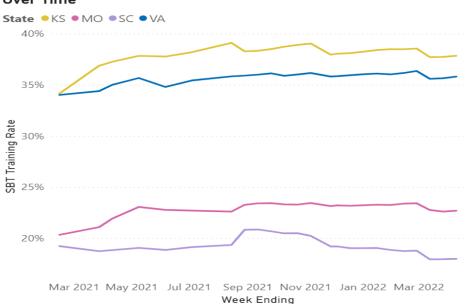


CMS Focus Area- Scenario Based Training

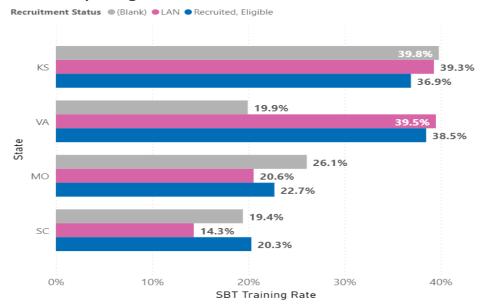
Scenario Based Training (SBT) Dashboard

4/10/22

SBT Training Rate for Recruited, Eligible Nursing Homes by State Over Time



SBT Training Rate by Recruitment Status and State for Most Recent Reporting Week





Partnerships with Kansas Dept of Health and Environment

- KDHE HAI
 - Open Office Calls
 - Project Firstline
 - APIC Reimbursement Program
 - ICAR assessments

KDHE

 Rapid Response Staffing Support Center



Open Office Hour Calls

Our open office hours will provide you access to mentors, resources and allow time to network with your peers.

We will:

- Listen and learn
- Ask questions freely and without judgement
- Problem-solve
- Learn from peers
- Share accomplishments and lessons learned







Project Firstline

This comprehensive infection control program is designed to provide foundational and practical knowledge to front line workers.

This 8 week series was facilitated over 30 minutes in a "lunch and Learn" format. The session topics covered in this series were:

- The Concept of Infection Control
- Basic Science of Viruses
- How Respiratory Droplets Spread COVID-19
- How Viruses Spread from Surfaces to People
- How COVID-19 Spreads: A Review This session discusses how COVID-19 is spread.
- PPE Part 1: Eye Protection
- PPE Part 2: Gloves & Gowns
- Hand Hygiene







APIC Long-Term Care Infection Preventionist Essentials Reimbursement Program

The APIC essentials course provides in depth foundational content focusing on the building blocks of infection prevention and control knowledge and topics highlighted by CMS for IPs in long-term care. This offering provides 29.0 CNE's on completion and a certificate of course completion.

Eligibility Criteria:

- Applications will be reviewed on a first applied, first served basis as funding allows (limit \$270.00 per applicant).
- Applicants must provide their certificate of completion and receipt of training payment.
- Applicants must be taking the course for the first time; this funding is not applicable for repeat training costs.
- Individual has not received other funding in support of the reimbursement request in this application for funding (e.g. employer, grant funding).

Rapid Response Staffing Support Center (RRSSC)

- The Kansas Department of Health and Environment (KDHE) was awarded funds through the Epidemiology and Laboratory Capacity (ELC) Cooperative Agreement funds to assist with supporting long-term care facilities, and state licensed homes, during their response to SARS-CoV-2 infections.
- RRSSC funds will be used to provide emergency, temporary staffing services to long-term care and state licensed nursing homes experiencing staffing shortages due to an active COVID-19 outbreak.

The RRSSC is only for staffing requests directly related to COVID-19 in which staff shortages are impacting resident care. Requests are submitted via a designated intake form, is limited to short term assistance, and is not intended to be a long-term staffing solution.

Partnership with KDADS

- Directed Plan of Correction
- KFMC Role
 - Our role is to provide free, individualized technical assistance with completion of the root cause analysis and systemic review of processes
 - It is not mandatory a home reach out to KFMC when a DPOC is received
 - KFMC does not share internal QI information with KDADS



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Email: bgroves@kfmc.org



Better health outcomes for everyone.

Federal Update

- CMS Nursing Home Calls. CMS held a national nursing homes stakeholder call on April 27. See a summary of the call here. On April 28, CMS held a SNF Open Door Forum on the SNF PPS Rule. Instant replay for this call is available until April 30 by calling 1-866-462-8997.
 - Individuals hired prior to June 7 must meet state-level requirements and pass the state exam by October 7 in order to continue working in the nursing home.
 Individuals hired on or after June 7 will have 4 months from the date of hire to become certified.
- PRF Phase 4/ARP Rural Request for Reconsideration Deadline Monday, May 2 at 11:59 PM ET
- Late Reporting for 2nd PRF Reporting Period: HRSA has indicated that providers who failed to report on Provider Relief Funds received for the 2nd reporting period will have an opportunity to request the ability to report late.

State Update

- F888 federal inspector spotted in KC Area, no deficiencies noted this week
- KDHE plans to distribute excess inventory of POC tests to long term care facilities in May; details TBD
- Deadline at 5pm today (4/29) to apply for HCBS Workforce Incentive Program. Refer to https://kdads.ks.gov/funding-opportunities for guidance, files, and program information.





Legislative Update

Veto Session Update: Adjourned until May 23rd

- Budget committees approved an additional \$15 million in ARPA funds for nursing facilities to assist with staffing agency costs
- Exemption added for adult care homes in bill preventing mask requirements in government buildings
- Veto sustained for SB 286 which would have extended pandemic liability protections to January, 2023
- Legislature approved CCR 2387 which will prevent Governor from issuing a new RFP for MCO contracts





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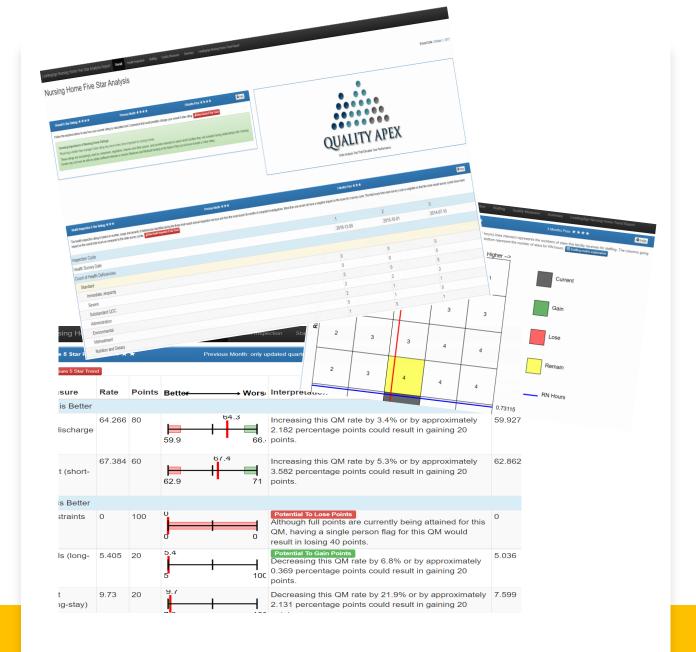


OAM is an opportunity – a hook – to raise awareness of and share needed actions on two critical sets of issues:

- The lack of awareness of the many aging services options available to older adults seeking support
- The growing crisis in lack of access to those options for many older Americans as our country ages, the workforce shrinks and lack of funding keeps aging services options out of reach for many middle- and low-income families.

5-Star Reports for Nursing Homes

The 5-Star Analysis report explains the three components of the 5- Star rating including - inspections, staffing hours per resident day and the quality measures — and indicates where to focus improvement efforts to both improve resident care and increase your 5-Star rating.



May 6th Weekly Webinar

Kansas Town Hall - LeadingAge National

What are LeadingAge National's public policy priorities?

What should they be moving forward?

 Your important input will be communicated with LeadingAge senior policy staff and the LeadingAge Board.





May 10th Webinar

Webinar: The Employee Retention Credit: The Biggest and Most Misunderstood Tax Incentive

Tuesday May 10th – 1:00 – 2:00

Presented by Silver Partner - alliantgroup

LeadingAge Kansas has partnered with alliantgroup to host an exclusive event to share updates regarding the single largest tax break available to American businesses, the Employee Retention Credit.

Click to Register



Live May 12th in Wichita

To register or learn more visit

Resident To Staff Aggression Training (leadingagekansas.org)



May 11th – June 15th Adult Care Home Operator Course

Brought to you by LeadingAge Kansas and GERTI

- *Mandatory Zoom Meetings May 11th and June 15th
- *Online classes run May 11th through June 14th

Register Now

Coupon code: LAKMAY2022 for a discount on your registration.

May 24th Webinar

A Path to Make Long-Term Care a Provider of Choice

1:00 - 2:00 PM

Define the important organizational attributes that meet the needs of the current workforce.

- Describe the "soft" benefits of working in aging services.
- Evaluate the employment culture of your organization.
- Identify actionable steps to reposition your employment readiness.

Click to Register





May 25th - New Member Orientation/ Refresher for Current Members

1:00 - 2:00 PM

Zoom

Join us to get to know LeadingAge Kansas staff, learn about the member benefits and hear about all the resources available to you.

RSVP Here





