

## **A Half Hour in the Life Hand Washing Activity**

Directions: Track the number of times you think hand hygiene should happen in the case study.

## **An Hour in the Life Hand Washing Story**

Today we will follow Aniya, a CNA, through an hour of her day in a covid-19 unit of Tall Oaks Healthcare. It's 7:00 am and Aniya has arrived at Tall Oaks ready for another day at work. There are currently seven residents in the COVID unit. She looks over the assignment sheet and notes from the night shift. Before she is finished, the first call light of the morning comes on. Aniya makes her way toward Mrs. Sanderson's room and dons the rest of her PPE. She enters her room and shuts off her call light as Mrs. Sanderson tells her she is ready to get up and needs to use the restroom. Aniya helps her sit up on the side of her bed and puts the gait belt on. Aniya turns, grabs the walker. With help Mrs. Sanderson stands and they walk to the restroom. Aniya helps her pull down a wet brief removes her wet clothing. Aniya turns on the water and as it is warming, she grabs some clean clothes and a brief from the closet. Aniya returns to the restroom and assists Mrs. Sanderson with putting on a clean shirt and getting a clean brief and pants pulled up to her knees. Aniya sees there are no peri cloths, so she turns off the water and exits the room to get some. As she leaves the room, she doffs her PPE. She goes to the linen cart and gets a stack of peri cloths. She dons her PPE and reenters the room. Aniya gets the peri cloth wet and puts the wash on the cloth. Mrs. Sanderson is assisted to stand, and Aniya provides peri care. Mrs. Sanderson and Aniya work together to pull up her brief and pants. Mrs. Sanderson requests to sit in her recliner and watch tv before breakfast. Aniya assists her to get a drink from her cup and helps her find her favorite local morning news program. With Mrs. Sanderson settled in Aniya goes to make her bed and notices the bed pad is moist so she removes the linens from the bed and places them in a plastic bag. She doffs her PPE to leave the room to take soiled linens to the soiled utility room and grab clean linens from the cart. Aniya dons her PPE and makes Mrs. Sanderson's bed. After double checking Mrs. Sanderson has everything she needs; Aniya exits the rooms and doffs her PPE.

How many times should hand-hygiene have been performed by staff?

How many times should hand-hygiene have been offered to the resident?

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