**A Half an Hour in the Life Hand Washing Activity**

Directions for Trainer: This scenario is an activity designed for use in the Covid-19 Safety for CNAs training series training number one. Participants are asked to track of the number of times they think hand hygiene should happen during the story. After reading the story, ask the group to share how many times they counted. Use the attached key to talk through some of the times hand hygiene was needed. Reiterate the importance of hand washing by residents and staff members for Covid-19 safety. A participant copy and key are provided.

**A Half Hour in the Life Hand Washing Story**

Today we will follow Aniya, a CNA, through an hour of her day in a covid-19 unit of Tall Oaks Healthcare. It’s 7:00 am and Aniya has arrived at Tall Oaks ready for another day at work. There are currently seven residents in the COVID unit. She looks over the assignment sheet and notes from the night shift. Before she is finished, the first call light of the morning comes on. Aniya makes her way toward Mrs. Sanderson’s room and dons the rest of her PPE. She enters her room and shuts off her call light as Mrs. Sanderson tells her she is ready to get up and needs to use the restroom. Aniya helps her sit up on the side of her bed and puts the gait belt on. Aniya turns, grabs the walker. With help Mrs. Sanderson stands and they walk to the restroom. Aniya helps her pull down a wet brief removes her wet clothing. Aniya turns on the water and as it is warming, she grabs some clean clothes and a brief from the closet. Aniya returns to the restroom and assists Mrs. Sanderson with putting on a clean shirt and getting a clean brief and pants pulled up to her knees. Aniya sees there are no peri cloths, so she turns off the water and exits the room to get some. As she leaves the room, she doffs her PPE. She goes to the linen cart and gets a stack of peri cloths. She dons her PPE and reenters the room. Aniya gets the peri cloth wet and puts the wash on the cloth. Mrs. Sanderson is assisted to stand, and Aniya provides peri care. Mrs. Sanderson and Aniya work together to pull up her brief and pants. Mrs. Sanderson requests to sit in her recliner and watch tv before breakfast. Aniya assists her to get a drink from her cup and helps her find her favorite local morning news program. With Mrs. Sanderson settled in Aniya goes to make her bed and notices the bed pad is moist so she removes the linens from the bed and places them in a plastic bag. She doffs her PPE to leave the room to take soiled linens to the soiled utility room and grab clean linens from the cart. Aniya dons her PPE and makes Mrs. Sanderson’s bed. After double checking Mrs. Sanderson has everything she needs; Aniya exits the rooms and doffs her PPE.

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**A Half Hour in the Life Hand Washing Activity**

Directions: Track the number of times you think hand hygiene should happen in the case study.

**An Hour in the Life Hand Washing Story**

Today we will follow Aniya, a CNA, through an hour of her day in a covid-19 unit of Tall Oaks Healthcare. It’s 7:00 am and Aniya has arrived at Tall Oaks ready for another day at work. There are currently seven residents in the COVID unit. She looks over the assignment sheet and notes from the night shift. Before she is finished, the first call light of the morning comes on. Aniya makes her way toward Mrs. Sanderson’s room and dons the rest of her PPE. She enters her room and shuts off her call light as Mrs. Sanderson tells her she is ready to get up and needs to use the restroom. Aniya helps her sit up on the side of her bed and puts the gait belt on. Aniya turns, grabs the walker. With help Mrs. Sanderson stands and they walk to the restroom. Aniya helps her pull down a wet brief removes her wet clothing. Aniya turns on the water and as it is warming, she grabs some clean clothes and a brief from the closet. Aniya returns to the restroom and assists Mrs. Sanderson with putting on a clean shirt and getting a clean brief and pants pulled up to her knees. Aniya sees there are no peri cloths, so she turns off the water and exits the room to get some. As she leaves the room, she doffs her PPE. She goes to the linen cart and gets a stack of peri cloths. She dons her PPE and reenters the room. Aniya gets the peri cloth wet and puts the wash on the cloth. Mrs. Sanderson is assisted to stand, and Aniya provides peri care. Mrs. Sanderson and Aniya work together to pull up her brief and pants. Mrs. Sanderson requests to sit in her recliner and watch tv before breakfast. Aniya assists her to get a drink from her cup and helps her find her favorite local morning news program. With Mrs. Sanderson settled in Aniya goes to make her bed and notices the bed pad is moist so she removes the linens from the bed and places them in a plastic bag. She doffs her PPE to leave the room to take soiled linens to the soiled utility room and grab clean linens from the cart. Aniya dons her PPE and makes Mrs. Sanderson’s bed. After double checking Mrs. Sanderson has everything she needs; Aniya exits the rooms and doffs her PPE.

How many times should hand-hygiene have been performed by staff?

How many times should hand-hygiene have been offered to the resident?

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**A Half Hour in the Life Hand Washing Story Key**

**\*HH = Hand Hygiene**

Resident turns light on

 Staff don PPE **HH**

Staff enter the room

Staff shut the light off

Resident states that she is ready to get up and go to the bathroom

Staff assist resident to sit on the edge of the bed

Staff place gait belt on resident

Staff place resident’s walker in front of her and assist her to stand

Staff assist resident to the bathroom and assist resident in pulling her pull up down that is wet

Staff take residents wet clothes off

Doff gloves and **HH**(Don gloves)

Staff turn on water to warm the water up

Staff get clean cloths and pull up out of the closet

Staff assist resident with putting on clean cloths and a clean pull up that is pulled up to her knees

Staff have to exit the room to get peri rags - Staff Doff PPE - Remove gloves, Remove gown, **HH** remove remaining PPE items **HH**

Staff to the linen cart and get peri rags

**HH** Staff don PPE

Staff reenter the room

Staff get peri rags wet and place peri wash on the wash rag

Staff assist resident up from the toilet and provide peri care

Doff gloves and **HH** don gloves

Staff assist resident in pulling up her pull up

**HH** offerto resident

Staff assist resident to her recliner Doff glove, **HH**, Don gloves

Staff assist resident with getting a drink of water from her cup on her room

Staff notice that the bed pad is wet when then they go to make the bed

Staff take wet linens off the bed

Staff place the wet linens in a trash bag

Staff exit the room with the wet linens in the trash bag

Staff doff PPE including gloves **HH**

**HH and Don gloves**

Staff take wet linens to the laundry barrel down the hall in the soiled utility room

**Doff gloves and HH**

Staff get clean linens from the linen cart

Staff don PPE including gloves **HH**

Staff enter room and make the bed

Staff exit room and doff PPE – gloves and gown, **HH,** remaining PPE **HH**

Note: Some of the noted HH are offers to the resident. Resident hand hygiene is an important activity for infection control too.

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