

KFMC Virtual Education Series

Connecting the Dots: Using Person-Centered Practices to Reduce the Inappropriate Use of Antipsychotic Medications

COVID-19 has had a devastating impact on nursing home residents across our Nation. Loneliness and isolation, combined with a dangerous increase in the use of antipsychotic medications, have imposed a significant social and emotional cost on residents and families, particularly those living with dementia or another cognitive impairment. Scientific research has shown links between social isolation and loneliness and the deterioration in physical and emotional health.

KFMC Health Improvement Partners (KFMC), a member of the Health Quality Innovation Network (HQIN), along with The Kansas Partnership to Improve Dementia Care, are collaborating to bring a 6-week virtual educational series to our Kansas providers. The focus of this series will be on engaging our residents and families in a meaningful way by incorporating person-centered, person-directed practices into activity and engagement programs, care planning and safe medication management. Please review the series outline and encourage the IDT to attend the sessions that are relevant to their role.

Guest Speakers for this series:

Rachelle Blough has worked in senior living in operations, marketing and life enrichment and memory care roles for 25 years. She is a certified Alzheimer's Disease and Dementia Care trainer, a Certified Therapeutic recreational specialist and Certified Dementia Practitioner. In addition, she is a sandwich generation daughter supporting her own mother who lives in a care community and her children while juggling life.

Linda Farrar received her BSN from The University of Iowa and her post-graduate Licensed Adult Care Home Administrator education from Kansas University. Linda has served in the roles of administrator, Executive Director, Executive Management and Chief Operating Officer. In July 2011, Linda retired from her full-time position to enable her the time to enhance her work with elders in a consulting role. During her career, Linda's passion has been person-centered/person-directed care.

Katherine Niemann, Pharm D, from Auburn Pharmacy is a Graduate of the University of Kansas School of Pharmacy class of 2008. She went on to attain board certification in geriatric pharmacy in 2017.

Virtual Educational Series:

Below is a brief description of each session in the series as well as a registration link for each session. You will need to register for each session individually. Once registered you will receive an email with additional details. All sessions will start at 2pm Central Time.

Session 1 – June 15, 2022 - <https://rb.gy/wrlsri>

In this session, we will review Kansas NH psychotropic medication utilization rates, discuss regulatory compliance and 2021-2022 citation trends.

Session 2 – June 29, 2022 - <https://rb.gy/hdklmj>

This session will review practical and realistic ways that elder care providers may be able to increase daily opportunities for engagement and quality of life and non-pharmacological intervention. The speaker will provide examples and approaches that can enhance daily quality of life of our residents in very simple ways each day.

Session 3 – July 6, 2022 - <https://rb.gy/lpgqqt>

This session will provide some helpful ways to think about providing quality of life for residents at various ability levels. We will discuss ideas to support for those who may have very frail physical health, later stages of dementia or receiving hospice care. At the completion of this education session the attendee will leave with a new way of thinking about supporting residents at different ability levels in as creative and realistic way.

Session 4 – July 13, 2022 - <https://rb.gy/rtglnp>

This session will provide general information about psychotropic medications, particularly antipsychotic medications, and what they may - and may not - do for residents with dementia. We will review studies that evaluate the potential benefit of antipsychotic use in these elders. We will also discuss medications that may *contribute* to dementia-related symptoms that may need to be reconsidered. Finally, we will talk about considerations regarding starting and discontinuing psychotropic medications.

Session 5 - July 20, 2022 - <https://rb.gy/rfyjcw>

This session will provide participants with tools to create “person-centered, person-directed” care plans based on the resident’s goals, preferences, and interests, and ensuring that the resident has control over all possible aspects of the resident’s life. Through resident and family involvement, in collaboration with all other members of the Interdisciplinary Team, the resident can achieve both quality of care and quality of life.

Session 6 – July 27, 2022 - <https://rb.gy/kjx8at>

This session will provide a review of the best practices and an introduction of HQIN tools and resources to assist your team with your personalized improvement plans.

Thank you